

Mountaineering & Skiing Experience

Ms Kaamya Karthikeyan

COURSES				
Courses	Institute	Year	Grade	
Basic Mountaineering Course	NIMAS, Dirang	Apr 21	A	
Basic Skiing Course	IISM, Gulmarg	Jan 16	Distinction	
Intermediate Skiing Course	Gulmarg Snow School	Jan 17	Distinction	
Advance Skiing Course	IISM, Gulmarg	Jan 18	Distinction	
Ski Traverse Training	High Altitude Warfare School, Gulmarg	Jan 21	Completed	
Advance Ski Traverse Trg.		Jan 22	Completed	
Refresher Ski Traverse Trg.	Gulmarg Snow School	Jan 23	Completed	
EXPERIENCE				
Name of Mountain/ Trek	Height	Year	Reached	Age
Mt. Everest	29029 Ft	May 24	Summit	16 Yrs
Mt. Lobuche East	20056 Ft	Apr 24	Summit	16 Yrs
Mt. Kang Yatse I	21000 Ft	Sep 23	Summit	16 Yrs
Mt. Dzo Jongo	20500 Ft	Jun 23	16700 Ft	15 Yrs
Mt. Denali - North America	20310 Ft	Jun 22	Summit	14 Yrs
Pt 5818 in North Sikkim	19088 Ft	May 22	Summit	14 Yrs
Mt. Trishul	23360 Ft	Sep 21	19030 Ft	14 Yrs
Mt. Aconcagua - South America	22841 Ft	Feb 20	Summit	12 Yrs
Mt. Mentok Kangri II	20543 Ft	Aug 19	Summit	12 Yrs
Brighu Lake Trek	14107 Ft	May 19	Completed	11 Yrs
Sar Pass Trek	13845 Ft	May 19	Completed	11 Yrs
Mt. Kosciusko - Australia	7310 Ft	Nov 18	Summit	11 Yrs
Mt Elbrus - Europe	18510 Ft	Jun 18	Summit	10 Yrs
Mt Kilimanjaro - Africa	18652 Ft	Oct 17	Summit	10 Yrs
Mt Stok Kangri	20187 Ft	Aug 17	Summit	09 Yrs
Everest base camp	17600 Ft	May 17	Completed	09 Yrs
Roopkund Lake Trek	16400 Ft	Oct 16	Completed	09 Yrs
Kedarkantha Peak	13500 Ft	May 16	Summit	08 Yrs
Har-ki Dun Trek	13500 Ft	Apr 16	Completed	08 Yrs
Chandrashila Peak	12000 Ft	May 15	Summit	07 Yrs
SKIING CHAMPIONSHIPS				
Event		Year	Venue	Pos
Khelo India Winter National Games 2024		Feb 24	Gulmarg	Gold & Bronze
National Skiing & Snowboarding Championship		Feb 22	Auli	9 th
Maharashtra Ski & Snowboarding Championship		Jan 22	Gulmarg	Gold
National Skiing & Snowboarding Championship		Feb 21	Gulmarg	7 th
Maharashtra Ski & Snowboarding Championship		Jan 21	Gulmarg	Silver

MAJOR MOUNTAINEERING ACHIEVEMENTS - Ms KAAMYA KARTHIKEYAN



REACHED THE HIGHEST POINT ON EARTH, MT. EVEREST (29029 FT) – 20TH MAY 24
Second youngest girl in the world and Youngest Indian to summit Everest from Nepal



REACHED HIGHEST SUMMIT OF SOUTH AMERICA MT. ACONCAGUA (22837 FT) – 01ST FEB 20
Youngest girl in the world to summit Aconcagua



REACHED HIGHEST SUMMIT OF NORTH AMERICA MT. DENALI (20310 FT) - 27TH JUN 22
Youngest Non-American to summit Mt. Denali



REACHED HIGHEST SUMMIT OF AFRICA MT. KILIMANJARO (18652 FT) - 25TH OCT 17
Second youngest girl in Asia to summit Kilimanjaro



REACHED HIGHEST SUMMIT OF EUROPE MT. ELBRUS (18510 FT) - 14TH JUN 18



YOUNGEST GIRL IN THE WORLD TO SKI DOWN FROM THE SUMMIT OF MT. ELBRUS



REACHED HIGHEST SUMMIT OF AUSTRALIA MT. KOSCIUSKO(7310 FT) - 23TH OCT 18
Youngest to have climbed six out of the seven summits



WORLD RECORD CLIMB OF MT. STOK KANGRI (20187 FT) - 07TH AUG 17
Youngest girl in the world to summit a peak above 20000 Ft or 6000 Meters



SUMMITTED MT. MENTOK KANGRI II (20544 FT) IN LEH- 24TH AUG 19
Youngest in the world to summit Mentok kangri II



SUMMITTED HIGHLY TECHNICAL MT. KANG YATSE I (21000 FT) IN LEH- 08TH SEP 23
Youngest in the world to summit Kang Yatse I



SUMMITTED MT. LOBUCHE EAST (20056 FT) IN NEPAL - 18TH APR 24



PROUDLY HELD THE TRI-COLOUR AT EVEREST BASE CAMP (17600 FT) - 16TH MAY 17
Second youngest girl in the world to trek to EBC



CLINCHED A GOLD & A BRONZE MEDAL AT KHELO INDIA WINTER GAMES - 24TH FEB 24
Youngest in the senior national level to win Gold Medal in Winter Games